

OH, THE PLACES YOU'LL GO!

LUXURY LOCATIONS
& UNEXPECTED
ADVENTURES TO
EXPLORE ACROSS
THE COUNTRY

LOCAL WONDER

SOUTH BAY'S
SHERRI
DOUVILLE'S
RIC IDEAS FOR

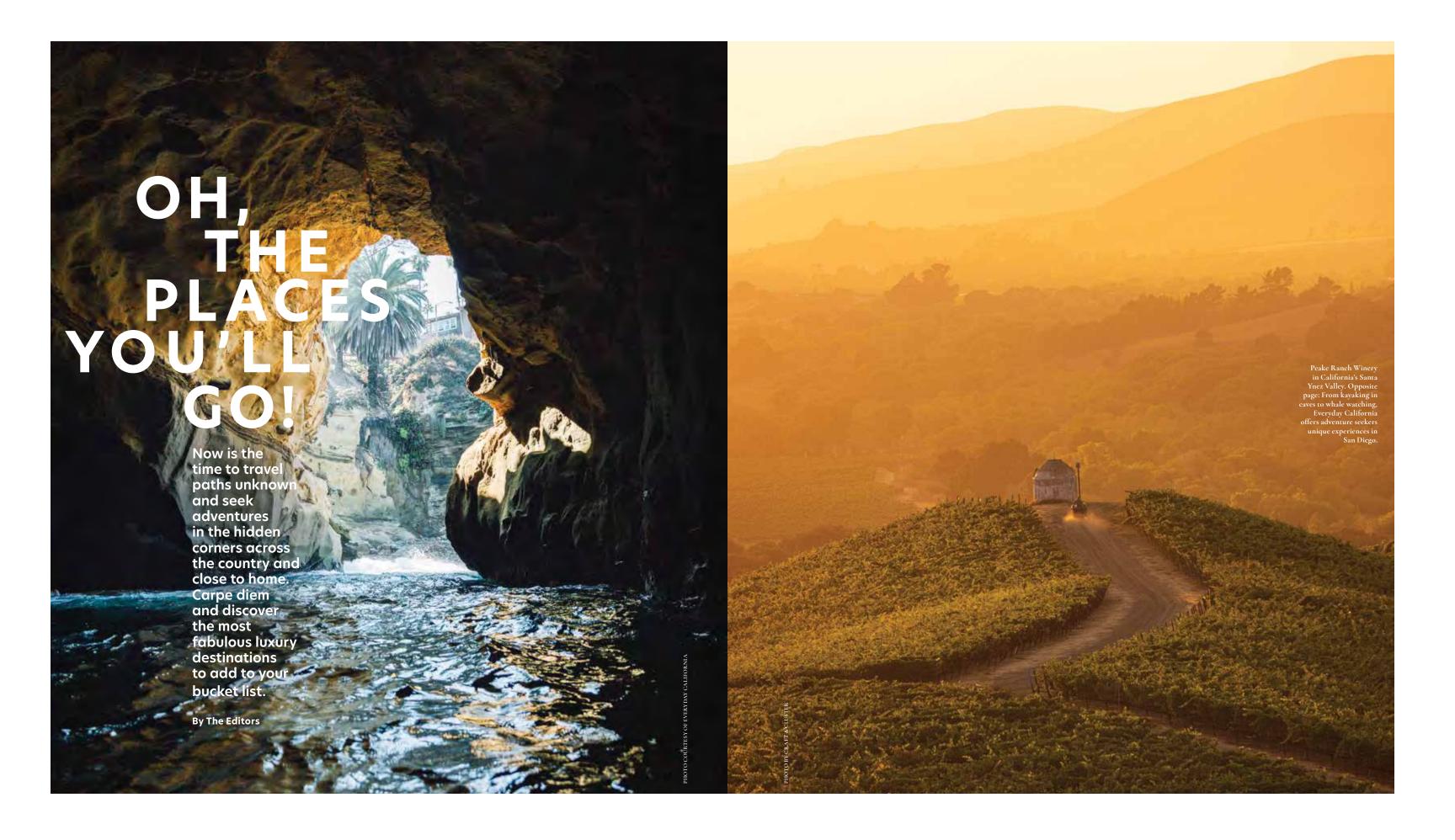
BIG IDEAS FOR HEALTH TECH

HIGH COUNTRY

ROMANTIC LOOKS & SPECTACULAR JEWELRY SWEEP US OFF OUR FEET



THE BAY AREA'S
TOP DOCTORS



UPSTATE NEW YORK

Stay

There is no doubt that chilling in upstate New York is hotter than ever. If you haven't yet found your dream farmlet, fret not as there are a wealth of country retreats. Duchess County's Troutbeck (troutbeck.com) in Amenia offers the charm of an English manor house made even more charming and cozy thanks to proprietors Anthony and Charlotte Champalimaud, who collaborated with interiors icon Alexandra Champalimaud (Anthony's mother), incorporating her signature style (think Frette linens, cozy fireplaces, soaking tubs and riverside hammocks aplenty). The newly opened addition of The Barns rounds out the offerings with robust wellness programming (yoga, acupuncture, infrared sauna) that will leave you yearning for a more permanent country life.

For those who seek something even more private, the inclusive and exclusive Lake Kora (lakekora.) com) fits the bill with 1,000 private acres on a 500-acre lake you can call all your own. The Gilded Age Adirondack great camp designed in 1898 for titans of yesteryear is reimagined for today's captains of industry. For those with a truly adventurous spirit, reserve an overnight stay in the secluded Island Cabin, accessible only by boat.

Eat

At Lake Kora, farm-to-table meals range from candlelit house party-style dinners along a 20-foot dining table in the Great Hall to picnics on a hike or barbecues on the lawn. Troutbeck's culinary program spotlights Michelin-starred chef Gabe McMackin's mastery of celebrating the bounty of local farms while a rotating roster of guest chefs enriches the experience with cooking demonstrations and special meals served under the stars.

Play

Home to a host of legendary trout streams, the areas near Troutbeck and Lake Kora offer some of the best fly-fishing in the nation. Troutbeck also offers falconry and foraging programs for those looking to truly go wild.



Clockwise from left: Lake
Kora offers a private refuge
Rockefeller style; Lake Kora's
Tree House bedroom is high
eamp indeed; Troutbeck
chef Gabe McMackin's fare
celebrates the bounty of local
farms; at Troutbeck, guests can
enjoy fly-fishing, hiking and
river rafting.

